

Faribault Rotary STRIVE Program

Recognition and Scholarship Criteria

In order to be invited to the banquet at the end of the year you do the following:

- Attend at least 6 out of 8 of the monthly meetings
- Fill out a STRIVE Scholar Application (see below)

Successfully attending 6 out of 8 meetings and completing the Scholar Application will allow you to be recognized at the STRIVE Banquet as a STRIVE Scholar.

If you would also like to apply for a STRIVE Scholarship you must meet the requirements of being a STRIVE Scholar *plus* do some or all of the requirements listed below. There will be 20 scholarships awarded from \$250 up to \$5,000. The scholarship recipients will be decided based on how many points they earn. There are 5 areas, each area is worth up to 10 points.

- **GPA – Up to 10 pts**
 - Your GPA is measured by looking at your cumulative GPA at the time you start the program and comparing it to your cumulative GPA when you finish the program.
 - If your GPA decreases it is worth 0 points, if your GPA stays the same or increases you will get points based on the amount of increase.
- **4 Way Test Essay – Up to 10 pts**
 - As Rotarians we believe in living our lives in accordance with the principles outlined in the 4 Way Test
 - Is it the truth?
 - Is it fair to all concerned?
 - Will it build good will and better friendships?
 - Will it be beneficial to all concerned?
 - Please see the attached document for instructions and requirements on writing an essay related to The 4 Way Test
- **Service Above Self – Up to 10 pts**
 - As Rotarians our motto is Service Above Self. We believe we need to give of our time and our resources to make our community a better place. STRIVE is one of the results of that belief.
 - We believe that even as students you are neither too young, nor too busy, to give back to your community. We want you to tell us what you do with your time and resources to make a Faribault a better place.
 - We are not looking for just a list of activities you are involved in. We are interested in where you are investing yourself in our community. More points will be given for those who take the initiative to get involved and do more than just show up.

Self-Development: Part 1 – Up to 10 pts

- In STRIVE the topics for our monthly meetings are chosen with the intent to help you be successful at whatever you choose to pursue after high school. We want to give you an opportunity to develop even beyond what we can cover at our monthly meetings. Attached you will find a list of books that dig deeper into the values and topics we cover in this program.
- To get points in this area you must choose one of the books from the attached list and give us a report on why you chose that book. Your report does not need to be more than a page and should include:
 - Why did you choose that book
 - What the book was about
 - What you learned from the book
 - How you are applying what you learned to your life
- **Self-Development: Part 2 – Up to 10 pts**
 - Similar to Self-Development: Part 1 we want you to invest in your own growth and development. One of the tools that we have found that can be very helpful is a series of videos online on a wide range of topics called Ted Talks.
 - You can find these videos at www.ted.com/talks
 - For every video you watch and report on you can earn 1 pt
 - You can watch and report on up to 10 videos.
 - For each video you watch you need to tell us:
 - Why you chose that video
 - What the video was about
 - How can you apply that video to your life
 - There are forms attached that you can make additional copies of for reporting on the videos. You can summarize the answer to each question in just a few sentences, it does not need to be as involved as the book.

GPA information will be provided directly to us by the school. Reports and essays related to the other four areas must be turned in by the last STRIVE program which is held on the 2nd Wednesday in January.

STRIVE Scholar Application

Faribault Rotary Club

Name	_____	School	
Address	_____	BA	_____
Phone	_____	FHS	_____
Email	_____		

Plans after high school: _____

I attest that I personally attended 6 of the 8 STRIVE sessions _____
signature

What topic was the most helpful to you this year and why?

What one thing would you add or change to make the program better?

Signature

Date

- You can find a digital version of this application at www.faribaultrotary.org under Rotary Documents down the left column of the webpage.
- Please fill out and return at last meeting of the year or by email to: dan@pantheoncomputers.com
 - Make the subject of your email: STRIVE Scholar Application
 - Please return no later than noon on the third Wednesday of January.

THE FOUR WAY TEST ESSAY

THE FOUR WAY TEST

For Rotarians, the Four Way Test is the cornerstone of all action. It is recited at every weekly meeting of the Rotary Club of Faribault. Of the things we think, say and do----

- Is it the TRUTH?
- Is it FAIR to all concerned?
- Will it build GOODWILL and BETTER FRIENDSHIPS?
- Will it be BENEFICIAL to all concerned?

Since the Four Way Test was developed in 1932 by Herbert J. Taylor, who later became a Rotary International president, it has never ceased to be relevant. Its four brief questions are not based on culture or religion. Instead, they are a simple checklist for ethical behavior. They transcend generations and national borders.

ESSAY TOPIC

Choose ONE of the statements of the Four Way Test for your essay. Here are some ideas that you could be the basis of your essay.

- Identify a situation, past or present, where this 4 Way Test statement would have been applicable.
- Identify future scenarios that you could see yourself in where this statement would be applicable.
- Discuss scenarios where, for the greater good, the statement may not be adhered to, e.g., is it ever ok not to tell the truth?
- While virtually everyone you know may abide by the statement you chose to write about, is there an individual that stands out above others for living by this statement? Discuss how this person demonstrates their extraordinary exemplification of the statement.
- You may want to discuss how social medial has supported adherence to or violated the statement you are discussing.

You do NOT need to address all of these bulleted points. They are just ideas for your discussion. You are welcome to include other ideas that are not included in this list.

GUIDELINES FOR THE 4 WAY TEST ESSAY

FORMAT

- Essays are limited to 500 words, not including the title page or bibliography
- Page format: (MLA Format) word document; double spaced; single sided; 12 pt font; 1” margins
- Pages must be numbered; and each page, except the title page, must have a footer (header) with the name of the author and title of the essay.
- Title page must include: title of essay; name of author; grade of author (junior or senior); name of school; and date the essay was submitted.

SUBMITTING YOUR ESSAY

- Essays can be turned in at a STRIVE meeting or should be sent as a Word document to wolfpack4@charter.net
- Essays must be received by the last STRIVE meeting on the second Tuesday in January.

REMINDER-- Clearly identify the specific Four Way Test statement that is the basis of your essay.

NOTE—Rotary reserves the right to use the essays to promote or publicize the ideals of the Four Way Test.

Book List

- Perfectly Yourself by Matthew Kelly
- 7 Habits of Highly Effective People by Stephen Covey
- 7 Habits of Highly Effective Teens by Sean Covey
- The One Day Contract by Rick Pitino
- The Magic of Thinking Big by David J. Schwartz
- Rich Dad, Poor Dad by Robert T. Kiyosaki
- The Power of Habit by Charles Duhigg
- Outliers by Malcolm Gladwell
- Still Standing by Jim Kosmo and John Kriesel

Ted Talk Review Form

Which Ted Talk did you watch? _____

What date did you watch it on? _____

What was the talk about? _____

Did you enjoy the talk and why? _____

What did you learn from watching this talk? _____

How can you apply what you learned to your life? _____
